

Sarah Nielson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:40.47	3:13.50	32.99	1:15.50	1:18.22	7:23.04	1:27.72	1:42.47
2023-2024 Best Times		2:17.87		31.11	1:09.16	1:02.50	7:00.06	1:21.13	
2024-2025 Best Times		2:10.18	2:50.93	27.03	1:05.36	1:02.97	6:31.70	1:16.80	1:42.49
Morgan and St Josephs	11-06-2025				1:11.09			1:15.29	
OHS, SJ, Union @ BLHS	11-18-2025	2:29.61		29.19					1:36.14
2025 Thanksgiving Invi	11-21-2025			28.22	1:07.23				
Region 12 Relays	11-25-2025	2:20.12		29.54		1:07.84			
GHS Region Invite 2025	12-05-2025		2:44.66				6:19.24		
Bonn, Roy, SJ @ Ogden	12-09-2025		2:44.13	30.19		1:03.90			
City County Championsh	12-13-2025				1:05.77				
Bear River vs. Ogden	12-18-2025			29.51	1:10.45			1:14.55	
Ogden@ Logan 1/15/26	01-15-2026			29.50			6:05.98		
Rowland Hall, Desert P	01-22-2026	2:16.13			1:07.92				
Region 12 Championship	01-30-2026				1:05.34		6:00.88		
3A Utah High School St	02-13-2026				1:05.04		5:57.78		

2022-2023 2023-2024 2024-2025 2025-2026

