

Kade Gochnour

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:30.80		28.25	1:01.28	6:54.32	1:17.05	1:25.52	
Mustang Invite	11-01-2025	2:05.30			1:08.15	55.89			
Greg Fernley Invite 20	11-07-2025		2:20.22	25.85		54.41			
2025 Wolves Time Trial	11-13-2025							1:08.77	1:12.32
Region Invite 2025	11-21-2025						6:07.33		1:12.87
Bingham Invitational	11-22-2025				1:08.06		6:08.43		
North Region Invitatio	12-12-2025					54.62			1:15.37
LHS@MCHS 2025	12-18-2025	2:05.07		25.93				1:11.79	
Quad Meet 8Jan2026 - c	01-08-2026			25.47					1:14.69
2026 Highland Invitati	01-09-2026		2:19.22			53.64			
SVHS@MCHS 2026	01-23-2026		2:21.43			54.14			
Region 11 Championship	01-29-2026		2:15.37	23.97		52.44			
4A Utah High School St	02-13-2026		2:09.92			51.13			

2022-2023 2023-2024 2024-2025 2025-2026

