

Jarom Thomas

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		1:57.87	2:18.33	24.08	59.83	54.47	5:29.32	1:00.20	1:07.58
Region 8 Opener 25	11-01-2025						5:40.22		1:13.70
Richard Coston Invitat	11-07-2025	1:57.76						59.36	
Emery & Uintah @ Union	11-12-2025		2:17.13		1:00.28	53.47			
Mountain View @ Uintah	11-17-2025			24.45			5:41.17		
Provo vs. Mountain Vie	11-24-2025			24.52					1:11.53
Emery, Uintah @ Carbon	12-10-2025		2:18.62		1:00.73				
THS Mel Roberts Invita	12-19-2025	2:00.38					5:37.82		
Orem and Union @ Uinta	01-09-2026		2:12.31		58.86				
Swimvitational 26	01-17-2026		2:13.63						1:10.76
Tooele @ Uintah Jan 20	01-23-2026					52.45		1:02.71	
Region 8 Championships	01-30-2026	1:54.90					5:22.44		
4A Utah High School St	02-13-2026	1:53.69					5:16.52		

2022-2023 2023-2024 2024-2025 2025-2026

