

Lydia Hansen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times			2:24.81	28.59		1:01.82		1:05.43	
2024-2025 Best Times			2:22.92		1:13.69	1:00.34		1:05.19	
Viewmont @ Alta	11-14-2025			28.11		1:01.93		1:08.13	
Alta @ Skyline	11-20-2025		2:32.59					1:09.59	
Alta at Olympus	11-24-2025		2:35.23					1:10.67	
2526 Alta vs. Box Elde	12-09-2025			28.00		1:02.64		1:10.27	
Canyons District Champ	12-16-2025					1:01.65		1:09.92	
Alta @ Riverton	01-06-2026					1:01.14		1:09.37	
Woods Cross, Bountiful	01-08-2026					1:01.14		1:09.98	
Juan Diego @ Alta	01-13-2026			28.56				1:08.81	
25-26 Alta vs MRHS	01-20-2026		2:31.51					1:11.79	
Alta @ Corner Canyon26	01-22-2026					1:01.89		1:10.78	
Region 6 Championships	02-07-2026		2:21.85					1:04.95	
5A Utah High School St	02-20-2026		2:23.68					1:04.83	

2022-2023 2023-2024 2024-2025 2025-2026

