

Alyssa Soderquist

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times			2:35.12	27.76	1:08.14	1:02.62	6:23.07	1:03.25	
2023-2024 Best Times			2:20.58	26.54	1:05.58	59.26	6:18.91	1:01.55	
2024-2025 Best Times			2:24.04	26.48	58.79	56.82		59.20	
LLAC Home Opener	11-01-2025				1:01.63			1:02.30	
Greg Fernley Invite 20	11-07-2025				59.32	56.11		1:00.32	
Pre-Region 3 Invite	11-20-2025				59.98			1:01.57	
Lehi@ Hunter 2025	12-08-2025			26.02					1:18.64
Lehi vs Skyridge Dual	01-17-2026							59.96	
Senior Meet 2026	01-23-2026	2:04.17		25.59					
Region 3 Championship	01-31-2026				57.16			59.65	
6A Utah High School St	02-20-2026				57.70			58.89	

2022-2023 2023-2024 2024-2025 2025-2026

