

Rowan Cresto

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Nov 20 Emery Grand Man	11-20-2025			32.71					
Grand, Carbon@ EHS	11-25-2025			33.66				1:35.51	
winter sun fri @grand	12-05-2025					1:17.96			
winter sun sat @grand	12-06-2025	3:02.70		33.82					
sundevilsfri26@grand	01-02-2026			32.89					1:45.75
sundevilssat26@grand	01-03-2026			32.48		1:17.52			
seniormeet26@grand	01-09-2026	2:46.67						1:27.34	
Cedar Jan Senior Meet	01-16-2026	2:48.29						1:26.77	
Last Chance Invitation	01-24-2026	2:49.11						1:29.24	
2A South Region	01-28-2026	2:33.11						1:21.23	
2A Utah High School St	02-12-2026	2:28.10						1:19.57	

2022-2023 2023-2024 2024-2025 2025-2026

