

Nora Hermanson

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            |          |          |         |         |          |          |          |            |
| 2024-2025 Best Times   |            | 3:13.90  |          | 33.71   |         | 1:19.32  |          |          |            |
| Hillcrest @ West 11-18 | 11-18-2025 |          |          | 35.21   |         |          |          | 1:51.51  |            |
| Hillcrest vs Cyprus    | 11-20-2025 |          |          |         |         | 1:22.80  |          |          |            |
| Weber, Hillcrest @ Fre | 11-25-2025 |          |          | 34.26   |         |          |          |          |            |
| Taylorsville & Hillcr  | 12-04-2025 |          |          | 34.10   |         | 1:20.22  |          |          |            |
| Hillcrest vs West Fiel | 12-09-2025 |          |          | 34.77   |         |          |          |          |            |
| Canyons District Champ | 12-16-2025 | 2:59.51  |          |         |         | 1:19.43  |          |          |            |
| Hillcrest at West Jord | 01-08-2026 |          |          | 33.20   |         | 1:17.25  |          |          |            |
| East St Geroge Senior  | 01-15-2026 |          |          | 32.83   |         | 1:15.66  |          |          |            |
| Hillcrest vs Clearfiel | 01-20-2026 |          |          | 31.76   |         | 1:13.66  |          |          |            |
| Hillcrest @ Granger 1. | 01-22-2026 |          |          | 32.16   |         | 1:16.33  |          |          |            |
| HILL @ HHS             | 01-26-2026 |          |          | 33.39   |         | 1:18.94  |          |          |            |

2022-2023 2023-2024 2024-2025 2025-2026

