

Benjamin Whiting

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times | | 2:47.01 | 2:53.03 | 30.35 | 1:21.42 | 1:11.11 | 7:33.35 | 1:18.18 | 1:38.01 |
| 2023-2024 Best Times | | 2:29.85 | 2:43.38 | 29.26 | 1:14.97 | 1:04.92 | 7:22.69 | 1:14.53 | 1:28.37 |
| 2024-2025 Best Times | | 2:15.95 | 2:39.70 | 27.59 | 1:16.88 | 1:00.52 | 6:50.89 | 1:11.68 | 1:25.09 |
| Emery & Uintah @ Union | 11-12-2025 | | 2:36.48 | | | 1:01.74 | | | 1:20.36 |
| OHS, SJ, Union @ BLHS | 11-18-2025 | | | 28.23 | | | | | 1:21.33 |
| winter sun fri @grand | 12-05-2025 | | | | 1:13.19 | | | 1:13.97 | |
| winter sun sat @grand | 12-06-2025 | 2:16.97 | | | | 59.17 | | | |
| PHS v SHS, Union and M | 12-11-2025 | | 2:36.00 | | | | 6:46.13 | | |
| Union, Carbon@ EHS | 12-12-2025 | 2:17.85 | | | | | | 1:11.57 | |
| Morgan @ Union | 01-07-2026 | 2:14.27 | | | 1:11.80 | | | | |
| Orem and Union @ Uinta | 01-09-2026 | | | 27.53 | 1:11.72 | | | | |
| Union & South Summit v | 01-22-2026 | 2:13.10 | | | | 59.10 | | | |
| Last Chance Invitation | 01-24-2026 | 2:16.00 | | | | 1:00.39 | | | |
| Region 13 Championship | 01-30-2026 | | | | | 57.87 | | 1:09.95 | |
| 3A Utah High School St | 02-13-2026 | | | | | 56.32 | | 1:06.52 | |

2022-2023 2023-2024 2024-2025 2025-2026

