

# Ellie Hains

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		3:06.70				1:22.43		2:05.32	2:08.84
2024-2025 Best Times			3:21.24	33.99		1:19.99	7:20.82		1:52.65
11-13-25	11-13-2025		3:12.84			1:13.73			
Nov 20 Emery Grand Man	11-20-2025	2:31.37		32.20					
Manti Delta Richfield	11-25-2025	2:39.83				1:11.66			
MHS 12-2-25	12-02-2025	2:36.65							
Richfield vs. Grantsvi	12-11-2025	2:41.51							
Richfield, Manti@ EHS	01-06-2026			32.61		1:12.26			
Manti @ Delta	01-15-2026			32.67		1:14.79			
Battle of the Paddle M	01-20-2026		3:13.49			1:11.84			
Region 13 Championship	01-30-2026	2:33.09				1:09.86			

2022-2023 2023-2024 2024-2025 2025-2026

