

# Eliaz Regalado

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times				32.04		1:14.93			
2023-2024 Best Times		2:49.09		28.74	1:18.73	1:10.14		1:31.42	
2024-2025 Best Times				29.50	1:19.71				
season kickoff fri@gra	11-14-2025		2:57.23	29.25		1:06.40			
season kickoff Saturda	11-15-2025	2:35.60		30.70					1:32.62
Nov 20 Emery Grand Man	11-20-2025		3:01.83			1:08.70			
Grand, Carbon@ EHS	11-25-2025	2:36.07							
sundeilsvfri26@grand	01-02-2026			28.98	1:14.75				
sundeilsvsat26@grand	01-03-2026		2:51.07			1:09.61			
seniormeet26@grand	01-09-2026		2:47.91		1:12.65				
Cedar Jan Senior Meet	01-16-2026		2:52.14		1:14.22				
Last Chance Invitation	01-24-2026			28.66					1:26.79
2A South Region	01-28-2026		2:41.85		1:12.82	1:04.84			
2A Utah High School St	02-12-2026		2:40.93		1:09.63				

2022-2023 2023-2024 2024-2025 2025-2026

