

# Elisa Sonntag

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
MMHS vs PHS vs SHHS	11-13-2025		3:02.38			1:09.57			
CDRV v MM v SPRV - cop	11-22-2025				1:31.92	1:10.65		1:24.95	
MMHS v BHS v SFHS	12-04-2025	2:40.47							1:27.89
SHS Holiday Invite	12-20-2025		3:02.16						1:26.99
Salem Hills vs Springv	01-08-2026			30.88			7:16.17		
Salem Hills vs Maple	01-22-2026	2:38.84		30.45					1:25.81
Region 7 Swim Champion	02-07-2026		3:01.16			1:10.30			

2022-2023 2023-2024 2024-2025 2025-2026

