

# Sophia Alva

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:33.49	3:03.93	32.06		1:10.89		1:23.26	
2024-2025 Best Times		2:28.74	2:56.96	30.59	1:22.47	1:06.87	7:02.98	1:21.49	1:37.84
Granger & Hunter @ Kea	11-13-2025	2:26.68						1:16.58	
Granger at West Jordan	12-04-2025	2:26.49						1:17.16	
Taylorville HS vs. Gr	12-11-2025	2:25.10			1:17.00	1:04.69			
Fremont @ Granger 12.1	12-16-2025	2:21.72		30.80				1:17.59	
2025 Granite District	12-18-2025	2:20.83						1:16.68	
BenLomand vs Granger	01-08-2026			30.21		1:08.39	6:33.00		
Vanguard and West @ Gr	01-15-2026	2:23.35		30.89		1:04.80			
Hillcrest @ Granger 1.	01-22-2026	2:23.81		30.36		1:04.95			
Granger at Cyprus	01-29-2026	2:22.40					6:31.22		
Region 4 Championships	02-06-2026	2:21.89					6:29.96		

2022-2023 2023-2024 2024-2025 2025-2026

