

Amelia Hayden

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times | | | | | | | | | |
| 2023-2024 Best Times | | | | | | | | | |
| 2024-2025 Best Times | | 2:49.48 | 3:07.19 | 31.45 | | 1:10.56 | 7:32.29 | 1:21.68 | 1:41.31 |
| Olympus v. Wasatch 25 | 11-11-2025 | | | 33.67 | | | 8:09.15 | | |
| WX, BHS, Olympus | 11-14-2025 | | | 32.41 | | | | | |
| Alta at Olympus | 11-24-2025 | | | | | 1:12.16 | | 1:23.95 | |
| 2025 Granite District | 12-18-2025 | | | | | 1:12.12 | | | |
| Region 6 Championships | 02-07-2026 | | | 32.66 | | 1:12.24 | | | |

2022-2023 2023-2024 2024-2025 2025-2026

