

Lucy Hess

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times | | | | | | | | | |
| 2023-2024 Best Times | | | | | | | | | |
| 2024-2025 Best Times | | 2:56.39 | 3:26.66 | 32.24 | 1:39.63 | 1:12.53 | 8:02.95 | 1:26.67 | 1:45.76 |
| Ben Lomond @ LHS | 11-06-2025 | | 3:12.57 | 33.51 | 1:35.41 | | | | |
| 2025 Thanksgiving Invi | 11-21-2025 | | | | 1:33.72 | | | 1:25.17 | |
| Region 12 Relays | 11-25-2025 | | | | | 1:20.91 | | | |
| Logan @ Ben Lomond | 12-09-2025 | | | | | 1:11.86 | | | 1:39.98 |
| LHS@MCHS 2025 | 12-18-2025 | 2:43.74 | | | 1:32.96 | | | | |
| sundevelsfri26@grand | 01-02-2026 | 2:41.10 | | | 1:36.77 | 1:14.12 | | | |
| sundevilssat26@grand | 01-03-2026 | | | 31.34 | | | | 1:24.05 | |
| Ogden@ Logan 1/15/26 | 01-15-2026 | | | 33.00 | | 1:12.17 | | 1:24.31 | |
| Skyview @ Logan 26 | 01-17-2026 | | | 31.29 | | 1:11.86 | 7:26.79 | | |
| GHS-LHS-MOR-1-22-26 | 01-23-2026 | | | | 1:32.77 | 1:13.03 | | 1:23.15 | |
| Region 12 Championship | 01-30-2026 | | | 30.67 | | 1:08.86 | | 1:21.12 | |
| 3A Utah High School St | 02-13-2026 | | | 29.45 | | 1:04.54 | | 1:16.72 | |

2022-2023 2023-2024 2024-2025 2025-2026

