

# Lydia Smith

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:08.23	2:32.25		1:12.96	1:02.69	5:45.16	1:16.83	
2025 BRI Halloween Plu	10-31-2025			28.31					
Bingham @ Brighton	11-07-2025	2:07.74					5:48.01		
BHS vs CHS @ SHS	12-02-2025	2:15.96				1:02.71			
Clearfield, Brighton @	12-09-2025					1:02.75	6:04.29		
Canyons District Champ	12-16-2025	2:08.81					5:50.06		
Weber @ Brighton	01-09-2026					1:04.08	5:52.24		
Davis @ Brighton	01-16-2026						5:52.24		
Kearns @ Brighton	01-27-2026			29.32		1:02.21	5:48.54		
Layton, Brighton @ Far	01-30-2026	2:08.09					5:43.51		
Region 1 Championships	02-06-2026	2:06.87					5:36.07		
6A Utah High School St	02-20-2026	2:06.59					5:34.85		

2022-2023 2023-2024 2024-2025 2025-2026

