

# Abigail Luptak

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
2025 BRI Halloween Plu	10-31-2025			33.45					
Bingham @ Brighton	11-07-2025			32.93		1:10.00			
Region 1 Time Trial 25	11-13-2025			32.60					
Mountain Ridge @ Brigh	11-14-2025			33.40		1:17.84	6:46.09		
Blue vs Orange	11-21-2025		2:55.66				6:30.88		
Canyons District Champ	12-16-2025			32.53		1:08.50			
Weber @ Brighton	01-09-2026			32.22		1:09.06			
Davis @ Brighton	01-16-2026	2:24.96					6:34.38		
Kearns @ Brighton	01-27-2026	2:23.91				1:11.89	6:37.51		
Layton, Brighton @ Far	01-30-2026			31.86		1:07.57			
Region 1 Championships	02-06-2026	2:23.37				1:07.07			

2022-2023 2023-2024 2024-2025 2025-2026

