

Heidi Holbrook

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:28.64	2:53.47	27.87	1:20.19	1:08.66	6:18.15	1:19.72	
2024-2025 Best Times		2:21.58	2:46.01	26.77	1:16.11	58.45	5:58.59	1:19.55	1:29.61
2526 Box Elder Invite	11-01-2025		2:46.34		1:18.41	1:02.97			
Wasatch Kickoff Invite	11-08-2025			28.12			6:27.02		
Region 1 Time Trial 25	11-13-2025			28.23					
2025 Thanksgiving Invi	11-21-2025	2:13.24				59.09			
Farmington @ Weber	12-02-2025			29.01					1:27.76
Farmington @ Syracuse	12-09-2025		2:39.79					1:15.95	
25-26 Farmington @ MRH	12-16-2025			29.02	1:16.06				
2025 Davis District	12-20-2025			27.65		58.95	6:10.23		
Davis @ Farmington	01-09-2026	2:20.13				1:01.48			
Mayor\'s Cup 2026	01-16-2026			27.25			6:12.55		
Layton, Brighton @ Far	01-30-2026	2:22.37		26.97	1:13.24	1:01.10			
Region 1 Championships	02-06-2026			26.53		58.40			
6A Utah High School St	02-20-2026			26.51		58.29			

2022-2023 2023-2024 2024-2025 2025-2026

