

Ronny Pangan

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:48.32	3:00.06	32.26	1:20.47	1:10.97	7:51.03	1:22.40	1:23.46
2024-2025 Best Times		2:38.49	2:48.01	29.28	1:03.31	1:05.28	7:36.21	1:10.41	1:23.59
Richard Coston Invitat	11-07-2025	2:28.65			1:05.96				
Panther Invite	11-14-2025					1:02.07			1:14.99
CVHS @ HURR	11-22-2025		2:36.19					1:33.25	
Turkey Tuesday Meet	11-25-2025			27.53					1:13.54
2025 CV Invite	12-05-2025				1:06.29			1:05.99	
Tiger Invite 2025	12-20-2025						6:51.56		1:14.98
Red Rock Invite	01-10-2026				1:01.37			1:04.97	
Cedar Jan Senior Meet	01-16-2026			26.28		58.95			1:09.09
Highland + Canyonview	01-23-2026		2:24.68			1:05.55			
Canyonview @ JD	01-24-2026	2:31.39		27.36			6:53.97		
Region 14 Championship	01-30-2026		2:25.00						1:07.30
3A Utah High School St	02-13-2026				59.08				1:08.95

2022-2023 2023-2024 2024-2025 2025-2026

