

Sydni Lake

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:42.40		34.07		1:14.02	7:14.48	1:24.50	
Richard Coston Invitat	11-07-2025	2:37.71		31.01			7:09.69		
Emery & Uintah @ Union	11-12-2025			32.80		1:12.94		1:18.14	
Juab, Delta, N Sanpete	11-18-2025				1:50.41			1:20.99	
Nov 20 Emery Grand Man	11-20-2025			32.26			7:25.61		
Grand, Carbon@ EHS	11-25-2025	2:39.80					7:27.16		
MHS 12-2-25	12-02-2025			32.50				1:22.23	
Emery, Uintah @ Carbon	12-10-2025			31.94			7:13.83		
Union, Carbon@ EHS	12-12-2025	2:37.08		31.59				1:21.75	
THS Mel Roberts Invita	12-19-2025	2:37.69				1:11.63	7:03.02		
Richfield, Manti@ EHS	01-06-2026			31.86	1:43.98				
seniormeet26@grand	01-09-2026	2:37.85		32.23				1:19.63	
Cedar Jan Senior Meet	01-16-2026			31.62			6:53.25		
Last Chance Invitation	01-24-2026			31.74				1:17.76	
Region 13 Championship	01-30-2026	2:32.04					6:48.26		
3A Utah High School St	02-13-2026	2:30.32					6:37.88		

2022-2023 2023-2024 2024-2025 2025-2026

