

Jamison Christiansen

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times | | 2:35.36 | 2:59.06 | 26.89 | | 1:05.08 | 7:41.97 | 1:24.28 | 1:45.36 |
| 2023-2024 Best Times | | 2:20.87 | 2:43.57 | 25.85 | 1:18.58 | 58.94 | 6:35.57 | 1:11.49 | 1:29.16 |
| 2024-2025 Best Times | | 2:18.36 | 2:38.63 | 24.63 | | 57.39 | 6:52.53 | 1:03.69 | |
| Richard Coston Invitat | 11-07-2025 | | | 24.40 | | | | 1:04.51 | |
| Emery & Uintah @ Union | 11-12-2025 | | 2:41.17 | | | 1:00.68 | | | |
| Juab, Delta, N Sanpete | 11-18-2025 | 2:20.13 | | | | 57.95 | | | |
| Grand, Carbon@ EHS | 11-25-2025 | | 2:33.00 | | | 57.31 | | | |
| MHS 12-2-25 | 12-02-2025 | | | 24.75 | | | | | 1:29.33 |
| Emery, Uintah @ Carbon | 12-10-2025 | | 2:36.05 | | | | | 1:07.32 | |
| Union, Carbon@ EHS | 12-12-2025 | | | 24.80 | 1:15.19 | | | | |
| THS Mel Roberts Invita | 12-19-2025 | | | 24.76 | | | | 1:03.74 | |
| Richfield, Manti@ EHS | 01-06-2026 | 2:21.40 | | | | 56.99 | | | |
| seniormeet26@grand | 01-09-2026 | | | 24.57 | | | | 1:02.96 | |
| Cedar Jan Senior Meet | 01-16-2026 | | | 24.36 | | 55.83 | | | |
| Last Chance Invitation | 01-24-2026 | | | 24.36 | | | | 1:02.83 | |
| Region 13 Championship | 01-30-2026 | | | 24.33 | | | | 1:01.72 | |
| 3A Utah High School St | 02-13-2026 | | | 23.68 | | | | 1:00.65 | |

2022-2023 2023-2024 2024-2025 2025-2026

