

# Nahlia Stewart

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:28.04	2:42.25	26.92	1:14.48	1:02.94	6:46.68	1:16.35	1:36.47
2023-2024 Best Times		2:15.74	2:34.56	25.90	1:07.88	58.61		1:08.67	
2024-2025 Best Times				25.83		58.66			1:26.67
2526 Box Elder Invite	11-01-2025			26.79		1:00.09			
Richard Coston Invitat	11-07-2025			26.15	1:08.39				
Region 1 Time Trial 25	11-13-2025			26.36					
2025 Thanksgiving Invi	11-21-2025			25.63	1:06.20				
Davis, North @ Layton	12-02-2025					59.53			1:26.20
Weber @ Davis	12-11-2025				1:06.26			1:06.92	
2025 Davis District	12-20-2025			26.10	1:04.70				
Davis @ Farmington	01-09-2026		2:30.22		1:04.26				
Davis @ Brighton	01-16-2026				1:04.87		6:12.31		
Syracuse @ Davis	01-20-2026	2:14.12			1:05.14				
Region 1 Championships	02-06-2026			25.75	1:02.93				
6A Utah High School St	02-20-2026			25.73	1:04.02				

2022-2023 2023-2024 2024-2025 2025-2026

