

# Asa Long

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				29.12		1:06.81		1:27.98	
2024-2025 Best Times		2:26.53		27.59	1:14.48	1:03.80		1:08.30	1:32.22
Greg Fernley Invite 20	11-07-2025							1:04.34	
Lehi vs Spansih Fork	11-14-2025	2:22.61		27.79		1:00.68			
Pre-Region 3 Invite	11-20-2025	2:15.51		26.81				1:06.77	
Lehi@ Hunter 2025	12-08-2025		2:36.83	28.55			6:31.34		
Alpine Distrcit Invite	12-13-2025	2:17.80				1:01.88			
Lehi vs Skyridge Dual	01-17-2026			27.65		1:04.23		1:05.63	
Senior Meet 2026	01-23-2026			27.32				1:04.87	
Region 3 Championship	01-31-2026					57.47		1:03.09	
6A Utah High School St	02-20-2026			25.53					

2022-2023 2023-2024 2024-2025 2025-2026

