

John Palmer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Judge + Vanguard + Rol	11-07-2025			29.05		1:06.98			
Vanguard Charter @ Cop	11-11-2025			29.42		1:05.89			
Bonneville, Roy, Vangu	12-02-2025			28.28				1:29.87	
Gunnison and Vanguard	12-10-2025	2:32.78		29.06					
seniormeet26@grand	01-09-2026		2:51.38				7:09.75		
Vanguard and West @ Gr	01-15-2026			28.57					1:29.95
2A Northern Region 202	01-29-2026					1:05.25			
2A Utah High School St	02-12-2026			27.27		1:03.80			

2022-2023 2023-2024 2024-2025 2025-2026

