

James Harris

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            | 2:21.38  | 2:40.90  | 26.56   | 1:10.87 | 1:00.50  | 6:08.97  | 1:16.07  | 1:30.45    |
| 2023-2024 Best Times   |            |          |          |         |         |          |          |          |            |
| 2024-2025 Best Times   |            | 2:09.10  | 2:39.74  | 26.06   | 1:10.73 | 56.42    | 5:59.09  | 1:13.68  | 1:29.95    |
| GHSspookymeet25        | 10-31-2025 | 2:15.13  |          |         |         |          | 6:27.45  |          |            |
| Morgan and St Josephs  | 11-06-2025 |          | 2:39.48  |         |         | 59.01    |          |          |            |
| OHS, SJ, Union @ BLHS  | 11-18-2025 |          |          |         |         | 59.85    |          | 1:12.98  |            |
| 2025 Thanksgiving Invi | 11-21-2025 | 2:10.11  |          |         |         | 57.43    |          |          |            |
| GHS Region Invite 2025 | 12-05-2025 |          |          | 25.29   |         |          | 6:16.48  |          |            |
| Bonn, Roy, SJ @ Ogden  | 12-09-2025 |          | 2:47.72  |         |         |          |          |          | 1:31.74    |
| City County Championsh | 12-13-2025 | 2:13.90  |          |         |         | 57.21    |          |          |            |
| Bear River vs. Ogden   | 12-18-2025 |          |          | 25.41   | 1:06.74 |          |          | 1:17.97  |            |
| Ogden@ Logan 1/15/26   | 01-15-2026 | 2:13.56  |          |         |         | 57.87    |          |          |            |
| Rowland Hall, Desert P | 01-22-2026 | 2:11.61  |          |         |         | 56.24    |          |          |            |
| Region 12 Championship | 01-30-2026 | 2:11.16  |          |         |         | 56.45    |          |          |            |
| 3A Utah High School St | 02-13-2026 | 2:07.77  |          |         |         | 55.40    |          |          |            |

2022-2023 2023-2024 2024-2025 2025-2026

