

Cassidy Banman

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:56.52		33.20	1:32.75	1:20.76	7:28.89	1:26.86	
GHSspooky meet25	10-31-2025			31.62			8:03.06		
Richard Coston Inviat	11-07-2025	2:44.35					7:47.64		
2025 Thanksgiving Invi	11-21-2025			32.90		1:11.60			
GHS Region Invite 2025	12-05-2025				1:29.45			1:26.43	
Richfield vs. Grantsvi	12-11-2025		3:12.33		1:31.13				
Richfield vs. Grantsvi	12-12-2025			31.01			7:29.23		
THS Mel Roberts Invita	12-19-2025				1:29.13			1:23.80	
sundevelsfri26@grand	01-02-2026			31.12					
sundevilssat26@grand	01-03-2026								1:36.55
GHS @ BLHS	01-13-2026				1:28.64			1:22.28	
TC-Tri Meet 26	01-17-2026			31.22					
GHS-LHS-MOR-1-22-26	01-23-2026				1:29.41			1:25.56	
Region 12 Championship	01-30-2026				1:26.46			1:21.37	
3A Utah High School St	02-13-2026				1:26.33			1:19.07	

2022-2023 2023-2024 2024-2025 2025-2026

