

# Lindzey Moss

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				36.56		1:24.97		1:32.75	
2025 Nebo Invitational	11-08-2025					1:27.47			
MMHS vs PHS vs SHHS	11-13-2025					1:24.16			1:51.56
2025 Thanksgiving Invi	11-21-2025							1:29.40	
2025 CV Invite	12-05-2025					1:27.01		1:31.17	
Salem, SF, TV @pg	12-10-2025	2:59.86		38.62					
SHS Holiday Invite	12-20-2025			36.69					1:45.94
Salem Hills vs Springv	01-08-2026					1:20.61		1:29.46	
Salem Hills vs SF, PG	01-15-2026			34.55		1:19.25	7:38.53		
Salem Hills vs Maple	01-22-2026		3:15.08			1:21.23		1:24.99	
Region 7 Swim Champion	02-07-2026					1:20.27		1:26.68	

2022-2023 2023-2024 2024-2025 2025-2026

