

# Bowen Adair

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
2025 Nebo Invitational	11-08-2025			47.59		1:58.04			
2025 Thanksgiving Invi	11-21-2025			45.40		1:42.49			
Salem, SF, TV @pg	12-10-2025			44.13		1:40.34			
SHS Holiday Invite	12-20-2025			42.41		1:45.05			
Salem Hills vs Springv	01-08-2026			40.89		1:37.59			
Salem Hills vs SF, PG	01-15-2026			38.68		1:30.71			
Salem Hills vs Maple	01-22-2026			39.38		1:33.11			
Region 7 Swim Champion	02-07-2026			37.28		1:29.71			

2022-2023 2023-2024 2024-2025 2025-2026

