

Dana Saltzman

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Time Trials 2025 - FHS	11-04-2025			31.04		1:40.60			
Taylorville HS vs. Fr	11-13-2025		3:13.36					1:32.24	
West Jordan @ Fremont	11-18-2025	2:46.44		30.80		1:08.85			
Bingham Invitational	11-22-2025			30.06		1:08.25			
Weber, Hillcrest @ Fre	11-25-2025			30.13			8:18.28		
Fremont @ Hunter 2025	12-04-2025			31.02		1:10.60			
Bear River vs. Fremont	12-09-2025		3:17.47					1:35.21	
City County Championsh	12-13-2025			29.94		1:08.73			
Fremont @ Granger 12.1	12-16-2025	2:43.17		30.49					1:38.42
Blue and Silver 2025	12-19-2025			30.07					
Fremont, Roy @ Northri	01-08-2026			30.15				1:29.08	
Box Elder, Bonneville	01-15-2026	2:33.44		30.31		1:05.52			
Fremont @ Clearfield	01-22-2026		3:05.30	29.59					1:34.37
West Field @ Fremont 2	01-29-2026			28.63		1:04.83			
Region 5 Championships	02-06-2026			29.08		1:04.60			
5A Utah High School St	02-20-2026					1:04.34			

2022-2023 2023-2024 2024-2025 2025-2026

