

# Duncan Yamashita

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Time Trials 2025 - FHS	11-04-2025			31.50		1:15.56			
2025 Thanksgiving Invi	11-21-2025			31.67				1:28.16	
Bonneville, Roy, Vangu	12-02-2025			30.39		1:10.62			
Bonn, Roy, SJ @ Ogden	12-09-2025	2:43.13							
City County Championsh	12-13-2025			29.03		1:06.17			
Fremont, Roy @ Northri	01-08-2026			30.03		1:07.89	6:56.43		
2526 Westfield and Roy	01-22-2026			29.52		1:06.41			
Roy vs. Bonneville Sen	01-29-2026	2:24.23						1:17.98	
Region 5 Championships	02-06-2026			28.65				1:17.14	

2022-2023 2023-2024 2024-2025 2025-2026

