

# Isaac Shannon

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				48.72		1:53.75		2:32.03	
Time Trials 2025 - FHS	11-04-2025			50.64					
2025 Thanksgiving Invi	11-21-2025			45.17					
Bonneville, Roy, Vangu	12-02-2025			46.38				2:23.40	
Bonn, Roy, SJ @ Ogden	12-09-2025	3:35.94				1:44.59			
City County Championsh	12-13-2025			44.28					
Fremont, Roy @ Northri	01-08-2026	3:32.52						2:23.25	
Roy @ Clearfield	01-15-2026			40.83		1:35.32			
2526 Westfield and Roy	01-22-2026	3:39.98						2:14.68	
Roy vs. Bonneville Sen	01-29-2026			42.50		1:39.21			
Region 5 Championships	02-06-2026					1:32.69		2:11.59	

2022-2023 2023-2024 2024-2025 2025-2026

