

Lincoln Kennard

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:51.28		30.03		1:06.90	8:03.84	1:31.70	1:25.22
2024-2025 Best Times		2:23.18		27.18		1:02.90	7:05.04		1:22.44
Pre-Region Meet - copi	11-01-2025	2:19.15							1:17.68
2025 Nebo Invitational	11-08-2025			26.25					1:18.67
MMHS vs PHS vs SHHS	11-13-2025	2:19.93		26.66					1:17.81
2025 Thanksgiving Invi	11-21-2025			25.72					1:15.31
PHS v SHS, Union and M	12-11-2025			26.53				1:24.15	
SHS Holiday Invite	12-20-2025			27.20	1:20.05				
Red Rock Sprint Meet	01-09-2026			26.39					
Red Rock Invite	01-10-2026					1:00.11			1:17.06
Salem Hills vs SF, PG	01-15-2026		2:44.14	27.03		1:00.19			
Timpview vs. Springvil	01-22-2026			26.71					1:15.42
Senior Night	01-27-2026			26.78			6:29.09		
Region 7 Swim Champion	02-07-2026			26.77					1:15.75

2022-2023 2023-2024 2024-2025 2025-2026

