

Nathan Lauritzen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pre-Region Meet - copi	11-01-2025			30.13					1:22.36
2025 Nebo Invitational	11-08-2025			29.88					1:19.81
MMHS vs PHS vs SHHS	11-13-2025			29.64					1:21.07
2025 CV Invite	12-05-2025				1:23.99				1:18.20
SHS Holiday Invite	12-20-2025			29.53					
Salem Hills vs Springv	01-08-2026	2:36.83							1:18.95
Salem Hills vs SF, PG	01-15-2026				1:18.19			1:29.26	
Salem Hills vs Maple	01-22-2026			27.64		1:07.78			
Region 7 Swim Champion	02-07-2026						7:09.46		1:20.35
5A Utah High School St	02-20-2026			27.31					

2022-2023 2023-2024 2024-2025 2025-2026

