

Ethan Ekstrom

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:23.54	2:48.03	26.85	1:19.21	1:01.40	6:40.28	1:14.51	1:23.50
Pre-Region Meet - copi	11-01-2025					1:00.68		1:18.88	
2025 Nebo Invitational	11-08-2025	2:15.10			1:13.37	1:01.25			
MMHS vs PHS vs SHHS	11-13-2025		2:35.47				6:16.20		
2025 Thanksgiving Invi	11-21-2025			27.00					1:18.89
2025 CV Invite	12-05-2025			26.94		1:01.01			
Salem, SF, TV @pg	12-10-2025	2:17.74		27.76				1:17.03	
Salem Hills vs Springv	01-08-2026			26.95		1:01.85		1:15.14	
Salem Hills vs SF, PG	01-15-2026				1:15.80				1:19.70
Salem Hills vs Maple	01-22-2026			27.98		1:02.54			
Region 7 Swim Champion	02-07-2026	2:13.66							1:18.69

2022-2023 2023-2024 2024-2025 2025-2026

