

Kara Widdison

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				40.17		1:38.97		1:41.32	
2024-2025 Best Times		3:07.88	3:31.68	35.79	1:54.44	1:18.75	8:36.07	1:30.62	1:44.14
SHS @ CHS 25	11-04-2025			35.25				1:30.67	
VHS 7Nov25 Meet	11-08-2025			34.33			8:19.03		
Bear River vs. Clearfi	11-11-2025				2:10.04			1:33.82	
2025 Thanksgiving Invi	11-21-2025					1:19.85		1:30.22	
BHS vs CHS @ SHS	12-02-2025		3:32.41			1:21.40			
West & Clearfield at C	12-04-2025					1:27.80		1:30.40	1:44.96
Clearfield, Brighton @	12-09-2025			34.48		1:18.14			
Bonneville & Clearfiel	01-08-2026	3:05.93				1:20.71			
Roy @ Clearfield	01-15-2026		3:25.27						1:39.92
Hillcrest vs Clearfiel	01-20-2026						8:37.26	1:30.10	
Fremont @ Clearfield	01-22-2026	3:08.05		34.36					
Clearfield at West Jor	01-27-2026			34.72					1:43.55
2526 Clearfield and No	01-29-2026			34.93		1:19.10		1:31.71	
Region 5 Championships	02-06-2026							1:33.52	1:53.74

2022-2023 2023-2024 2024-2025 2025-2026

