

Adam Shaft

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
25-26 Westlake @ Herri	11-04-2025			32.87					1:30.57
25-26 Bingham @ Herrim	11-10-2025			31.87					1:26.86
25-26 Jordan District	11-21-2025			32.06					
25-26 Turkey Bowl	11-25-2025								1:24.21
25-26 Herriman @ Hunt	12-02-2025	3:00.43							1:27.02
25-26 Copper Hills @ H	12-09-2025			31.56					1:23.14
Silver Rush Invite	12-12-2025								1:18.99
SKR,AF,HRM@CDRV	01-07-2026			31.22					
25-26 West @ Herriman	01-13-2026					1:11.77			1:22.09
Herriman @ Riverton	01-21-2026			31.22					1:25.26
Region 2 Championship	01-30-2026			29.90					1:20.76

2022-2023 2023-2024 2024-2025 2025-2026

