

# Benjamin Lund

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				55.79					
25-26 Westlake @ Herri	11-04-2025			54.56					
25-26 Jordan District	11-21-2025			55.62					
25-26 Turkey Bowl	11-25-2025			56.94					
25-26 Herriman @ Hunt	12-02-2025			1:09.68					
25-26 Copper Hills @ H	12-09-2025			55.57					
Silver Rush Invite	12-12-2025			56.32					
SKR,AF,HRM@CDRV	01-07-2026			1:12.19					
25-26 West @ Herriman	01-13-2026			52.06					
Herriman @ Riverton	01-21-2026			53.02					
Region 2 Championship	01-30-2026			51.18		2:17.38			
6A Utah High School St	02-20-2026			48.54					

2022-2023 2023-2024 2024-2025 2025-2026

