

# Rachel Keith

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:31.24	3:13.87	30.39		1:10.23	6:42.84		1:41.18
2024-2025 Best Times		2:27.36	3:08.63	31.15		1:10.41	6:44.01	1:34.19	
25-26 Westlake @ Herri	11-04-2025			30.88			6:50.69		
25-26 Bingham @ Herrim	11-10-2025			31.17			7:03.09		
25-26 Jordan District	11-21-2025			29.42		1:06.05			
25-26 Turkey Bowl	11-25-2025	2:26.53				1:06.73			
Silver Rush Invite	12-12-2025			30.32		1:07.89			
SKR,AF,HRM@CDRV	01-07-2026			30.21		1:08.29			
25-26 West @ Herriman	01-13-2026			29.94		1:06.00			
Herriman @ Riverton	01-21-2026	2:29.23		30.68		1:06.23			
Region 2 Championship	01-30-2026	2:23.13		30.01		1:03.82			

2022-2023 2023-2024 2024-2025 2025-2026

