

Claire Rowley

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		3:00.29		36.06	1:36.52	1:14.77	8:30.25	1:31.56	1:53.78
Green Canyon @ Bear Ri	11-04-2025			35.50	1:46.99				
2025 Wolves Time Trial	11-13-2025		3:22.23					1:29.52	1:51.31
Region Invite 2025	11-21-2025			34.08		1:16.27			
Bingham Invitational	11-22-2025				1:36.92			1:26.05	
North Region Invitatio	12-12-2025				1:43.39			1:26.76	
sundeilvsfri26@grand	01-02-2026				1:43.29			1:27.66	
sundeilvsst26@grand	01-03-2026					1:18.42		1:31.51	
2025-26 Last Chance	01-24-2026			34.68				1:29.39	
Region 11 Championship	01-29-2026					1:14.46		1:27.09	

2022-2023 2023-2024 2024-2025 2025-2026

