

Cale Frost

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:33.21	2:56.46	29.60		1:07.30			1:33.08
2023-2024 Best Times				28.16	1:11.97	1:05.84			1:23.44
2024-2025 Best Times			2:41.02	27.25	1:04.65	1:01.96			1:15.55
Green Canyon @ Bear Ri	11-04-2025			27.13	1:17.99				1:20.48
2025 Wolves Time Trial	11-13-2025		2:42.19					1:16.44	1:18.41
Region Invite 2025	11-21-2025			26.52	1:07.27				
Bingham Invitational	11-22-2025			26.69	1:11.63				
sundevelsfri26@grand	01-02-2026				1:07.39				
sundevilssat26@grand	01-03-2026			26.82	1:08.01				
2025-26 Last Chance	01-24-2026			27.80					1:17.88

2022-2023 2023-2024 2024-2025 2025-2026

