

Lilly Dahlgren

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pirate Pentathlon	11-01-2025			33.75					
West Jordan & Stansbur	11-13-2025							1:28.73	
Granger at West Jordan	12-04-2025		3:02.41			1:12.81			
Ceder Valley, West Jor	12-09-2025	2:37.59			1:29.87				
Copper Hills at West J	12-11-2025			32.16		1:11.81			
West at West Jordan 12	12-16-2025			31.64	1:28.92				
Hillcrest at West Jord	01-08-2026	2:39.21			1:25.53	1:13.69			
W. Jordan & Bingham @	01-13-2026				1:28.68			1:23.55	
West Jordan @ Hunter	01-20-2026			32.63	1:28.61				
Taylorville HS vs. We	01-22-2026			31.84		1:13.14			
Clearfield at West Jor	01-27-2026	2:38.46			1:27.59				
Region 4 Championships	02-06-2026			30.11		1:08.04			

2022-2023 2023-2024 2024-2025 2025-2026

