

UHSAA 2025-26 Unified Swimming  
(Revised 10/1/25)

1. Unified Swimmers include Intellectual & Physical Disabled swimmers who are members of their High School Swim Teams.
2. **ALL Unified Swimmers will register the Special Olympics of Utah similar to those athletes in other Unified Sports. Here is the link;**  
<https://app.smartsheet.com/b/form/f404504abdac4ba9a74c523f4f146bb9>
3. **Unified Swimmers do not have to create an Aktivate account or have a Physical to compete.**
4. Intellectually Disabled Swimmers may compete in the 50-yard Freestyle and a 100 Yard Freestyle Relay at the State Swim Meet in their School's classification. (The relay will be two intellectually disabled swimmers and two enabled swimmers, each swimming a 25-yard Freestyle).
5. Physically Disabled swimmers may swim a 50 Yard & 100 Yard Freestyle at the State Swim Meet in their school's classification.
6. Unified Swimmers will:
  - a. **It is recommended but not required that the Unified Swimmer compete in at least (3) three meets during the swim season one of which should be their school's Region Swim Championships.**
  - b. **2A Classification Unified Swimmers will swim their events on Thursday February 12<sup>th</sup> all other Classifications will swim their event(s) as a timed final during the Saturday finals session in their UHSAA Classification.**
  - c. Swim their events in a heat just prior to the Women's Consolation Final of the enabled swimmers during the Saturday finals in their UHSAA Classification.
    - i. The 50-yard Freestyle will swim just prior to the Women's 50-yard Freestyle consolation heat.
    - ii. The 100-yard Freestyle & 100 Yard Freestyle combined relay will swim just prior to the Women's 100-yard Freestyle consolation heat.
    - iii. Intellectual & Physical disabled swimmers will swim together in one (1) heat.
    - iv. Awards shall be separated, male & female, Intellectual & Physical Disability in each UHSAA Classification.
7. Awards will be presented just prior to the Women's 50- & 100-yard Freestyle awards on Saturday in their UHSAA Classification.
8. Unified swimmers shall not score team points for their High School Teams.
9. **Deadline to submit potential Unified Swimmers is Friday November 14, 2025.**
10. \*Submit the athletes name, school, gender, year in school and if they have a Physical or Intellectual Disability to Steve Marsing at [smarsing@uhsaa.org](mailto:smarsing@uhsaa.org)
11. Coaches will submit their Unified Swimmer's State entry to Dan Miller when they turn in their official team State entries.