

# Kailana Poulsen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:27.79	2:58.99	27.70		1:02.22	6:48.16	1:15.75	1:49.29
2023-2024 Best Times		2:26.91	2:52.18	27.12	1:17.93	1:00.91	6:56.47	1:17.81	
2024-2025 Best Times		2:24.11	2:49.59	26.58	1:14.18	59.52	6:42.63	1:13.90	1:35.07
Riverton, Skyridge, &	11-12-2025			28.43		1:03.70			
Riverton vs Westlake	11-18-2025	2:26.13		28.36					
25-26 Turkey Bowl	11-25-2025			28.83			6:56.82		
Silver Rush Invite	12-12-2025			28.10		1:04.04			
Riverton HS @ Copper H	12-18-2025	2:30.73						1:21.67	
Alta @ Riverton	01-06-2026	2:30.03					6:58.58		
Riverton @ Bingham	01-15-2026			27.95		1:03.37			
Herriman @ Riverton	01-21-2026				1:20.86				
Region 2 Championship	01-30-2026			27.31		1:01.20			
6A Utah High School St	02-20-2026					1:03.34			

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