

# Herschel S Metcalf

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
2025 BRI Halloween Plu	10-31-2025			32.46					
Bingham @ Brighton	11-07-2025			29.56		1:12.57			
Mountain Ridge @ Brigh	11-14-2025			30.68		1:13.29			
Canyons District Champ	12-16-2025			30.49		1:12.70			
Weber @ Brighton	01-09-2026			30.51		1:10.80			
Davis @ Brighton	01-16-2026			29.52		1:10.15			
Kearns @ Brighton	01-27-2026			30.35		1:10.11			
Layton, Brighton @ Far	01-30-2026			29.22		1:09.54			
Region 1 Championships	02-06-2026			28.76		1:07.13			

2022-2023 2023-2024 2024-2025 2025-2026

