

# Benson Heinz

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pre-Region Meet - copi	11-01-2025						5:14.86		1:12.40
Timpview vs. Cedar Val	11-20-2025	2:00.48				55.48			1:14.54
Timpview @ Skyline	11-25-2025						5:15.91		1:14.99
Salem, SF, TV @pg	12-10-2025	2:00.09				57.26			
TV, SF, Maeser@MVHS	12-17-2025	2:01.48		26.25	1:03.68				
Timpview Invite 2026	01-02-2026					57.46	5:24.27		
Red Rock Invite	01-10-2026	2:01.49		26.13					1:12.62
Timpview vs. Springvil	01-22-2026		2:15.79					1:05.43	
Region 7 Swim Champion	02-07-2026	1:55.05					5:04.68		
5A Utah High School St	02-20-2026	1:55.17					5:01.86		

2022-2023 2023-2024 2024-2025 2025-2026

